





# Begin celebrations with Christ

Scholars attest Jesus Christ more than 'mere man'

By MELANIE MARTIN  
Associate Monday Editor

Consider the millions of people who follow Him, the thousands of books written about Him and the hundreds of churches and synods after Him.

Christmas is a time to remember Him, yet so many times we get caught up in the commercialism of this time that His impact is forgotten between making Christmas candy and shopping for Christmas presents.

We must begin with Christ in our celebration of Christmas. "Unless we Christians begin with Him, have no point of beginning, no point of departure, no direction to take and no place to go — as Christians," said Harold A. Bosley in His book *The Character of Christ*.

And although Christmas is remembered for His birth, Jesus Christ had a profound effect on our lives and He, as the savior of the world, should not be forgotten. Some scholars and historians have reduced Him to a mere man, but His life, His sacrifice and His atonement have had a far greater impact on us than any "mere man" could ever have.

Elder Bruce R. McConkie gave a poignant talk in the 150th Annual General Conference of the LDS Church when he said, "The Lord's atonement is the most transcendent event that ever has or ever will occur, from Creation's dawn through all the ages of a never-ending eternity."

— Elder Bruce R. McConkie  
— Late member of LDS Council of Twelve

Other scholars have studied His life. Some do not always agree in their interpretation of Christ, but all agree His life cannot go unnoticed.

Albert Schweitzer, the famed doctor who won the Nobel Peace Prize in 1952, studied the life of Christ and concluded that, "He comes to us as One unknown, without a name, as of old, by the lake-side. He came to those men who knew Him not . . . and to those who obey Him whether they be wise or simple. He will reveal Himself in the toils, the

conflicts, the sufferings which they shall pass through in His fellowship and, as an ineffable mystery, they shall learn in their own experience Who He is."

Even the Asian countries where Christianity has been of little impact for so long, are beginning to see Christ as their savior. For example, The Church of Jesus Christ of Latter-day Saints is having a great effect. "Christianity is not new in Asia. But the development of The Church of Jesus Christ of Latter-day Saints in that part of the world definitely is. Thus the church naturally benefits from the experience and accomplishments of the historic Christian missions in Asia . . . their work is of vital concern to us," said Spencer J. Palmer, of the David M. Kennedy Center, in his book *The Church Encounters Asia*.

Jesus Christ is the Prince of Peace. Christmas should be considered as a time when we come together to celebrate Christ — His birth, His sacrifice and His atonement.

"It (the challenge we face today) is that we, on the battlefield of life, so live and serve that our lives and actions reflect a true love of God, of His Son Jesus Christ and of our fellowmen," said President Thomas S. Monson, second counselor in the First Presidency of The Church of Jesus Christ of Latter-day Saints, in the church's last general conference.

## Paris bombings likely individual effort

PARIS (AP) — Crudely made firebombs may have caused the explosion in Paris in two big department stores filled with Christmas holiday shoppers that injured 39 people, 12 of whom seriously, authorities said Sunday.

This led to speculation that the attacks Saturday may have been the work of a disgruntled or unstable individual, rather than any known terrorist.

## Unity bid fails for Marcos' challengers

MANILA, Philippines (AP) — A unity bid between Corason Aquino and Salvador Laurel fell apart Sunday, dimming opposition prospects of defeating President Ferdinand E. Marcos in a Feb. 7 special election.

While Laurel's supporters cheered and fireworks exploded at his family compound, the former senator blamed Mrs. Aquino for the collapse of talks that would have put her at the top of the opposition ticket against Marcos.

Instead of accepting Mrs. Aquino's offer to run as her vice presidential candidate, Laurel said he would run on his own for president.

Both Galeries Lafayette and Printemps, lavishly decorated for the Christmas season, were filled with shoppers when the attacks came shortly before 9 p.m.

The two stores are next to each other on the Boulevard Haussmann in the city's crowded, commercial ninth district, not far from the Paris Opera.

Dr. Francis Roy, who headed the rescue effort, said 25 people were treated and released following the blasts, and 14 remained hospitalized Sunday, all but two of them seriously burned.

Police said claims of responsibility for the blasts included ones allegedly on behalf of the Palestine Liberation Front headed by Mohammed Abbas, also known as Abul Abbas; the Islamic Jihad, or Islamic Holy War organization and the Armenian Secret Army for the Liberation of Armenia, known as ASALA.

The United States has accused Abbas.

## Guatemala holds elections

GUATEMALA CITY (AP) — Guatemalans voted Sunday to choose this Central American country's first civilian president in more than 30 years of virtually uninterrupted and often brutal military rule.

By dawn, lines of voters, mostly men, were forming in streets littered with the remains of bonfires and spent fireworks from a festival the night before, ready to cast their ballots when the polls opened at 7 a.m.

The runoff election was between

Vinicio Cerezo, 42, a lawyer who is the slightly left-of-center candidate from the Christian Democratic Party, and Jorge Carpio, 53, a newspaper publisher viewed as a somewhat right-of-center candidate from the Nation Center Union.

They were the top vote-getters in the first election Nov. 8 in which eight candidates ran, but in which no candidate received a clear majority as required by law.

## Roman Catholic Church wants to be 'modern'

VATICAN CITY (AP) — Pope John Paul II, declaring that the Roman Catholic Church "truly desires to be the church in the modern world," closed on Sunday an extraordinary synod of bishops called to assess the Second Vatican Council.

In a Mass he concelebrated with synod participants and other prelates in St. Peter's Basilica, the pontiff stressed that the church should also be like the early church of the Apostles.

"At the end of the second millennium after Christ, the church earnestly desires only one thing: To be the same church that was born of the Holy Spirit," he said in his homily, delivered in Italian.

The 65-year-old pope, who attended nearly every session of the two-week assembly of 165 bishops, appeared tired and his voice hoarse. He said the synod accomplished the goal it set out to achieve — "celebrate, verify and promote the council."

"As we come out of the synod, we wish to intensify our pastoral efforts to ensure that the Second Vatican Council is more widely and more thoroughly known," he said. "To ensure that the orientations and directives that the council left us are assimilated into the very heart of all the members of the people of God and translated into the way they live, with consistency and love."

The pope noted that he was speaking on the Feast of the Immaculate Conception, exactly 20 years after the council closed after holding four sessions starting in 1962.

Vatican II fashioned far-reaching reforms, taking a more accepting attitude toward modernity, and recasting the church's image from unchangeable monolith to an institution ready to modernize.

"At the end of the second millennium, the church truly desires to be the church in the modern world. She desires with her all her strength to serve, so that human life on Earth may be evermore worthy of man," the pope said.

## THE DAILY UNIVERSE

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# Norwegian Christmas lives in Utah

By ONEITA SUMSION  
Universe Staff Writer

Harry and Gretha Andreassen emigrated from their native Norway almost 35 years ago.

Still, each Christmas, they relive the customs of their homeland — in decoration, attire, food and preparation.

Preparation begins weeks in advance. Seven different kinds of cookies are baked; marzipan treats in the shape and color of little pigs, sausages and hams are created; chocolate candies are made, and everything in the house is polished — shiny clean and ready for Christmas to begin at 5 p.m. Dec. 24.

That's when church bells all over Norway begin to ring, and the holiday season is ushered in.

The Christmas Eve meal is ready. Dinner begins by reading the story of the Nativity according to Luke; a special song is sung and a blessing on the food is said. All electric lights are turned off.

"We sit down at our places, marked with individual candles in red wooden candle holders, to a dinner of 'roast pig' "

— Harry Andreassen  
— Norwegian immigrant

"We sit down at our places marked with individual candles in red wooden candle holders, to a dinner of 'roast pig high back' (that portion of the pig containing the rib cage), red spiced cabbage, vegetables, potatoes, and rice cream with raspberry sauce on top," Andreassen says.

After the meal, we all go to the Christmas tree which stands in the center of the room, link hands and dance around the tree singing all the songs and playing all the song games we know."

Since Norway is so close to the North Pole, Norwegian children get



As an immigrant to the United States more than 30 years ago, Gretha Andreassen still maintains her Norwegian Christmas customs. With Christmas almost here, Andreassen prepares the festive Christmas candles that are used in her home in place of electric lights for the Christmas Eve dinner.

their gifts on Christmas Eve because Santa doesn't know when he will get back from America, Andreassen says. Gifts are opened and taken to bed with the happy recipients.

Then the festivities begin. Dec. 25 — First Christmas Day — is a Holy Day, a special celebration in all the churches. All shops are closed, and the day is spent visiting grandpa-

rents. "It is absolutely a family day."

Second Christmas Day, Dec. 26, all the plays and operas open with premier performances. There is no Halloween or Thanksgiving in Norway, and there has been no holiday since Midsummer Night on June 23, so festivities go "on and on," says Andreassen. "I have been to a Christmas party on the 3rd of February."

The next few days are spent visiting. Each time friends get together, there is another joining of hands and another dance around the Christmas tree.

In Holland, St. Nick also provides an essential part of the Christmas tradition. He rides through the streets Christmas Eve on his good white horse.

## International friendships make enjoyable festivities

Two memorable Christmas holidays stand out for Susan Porter, a freshman in international relations from Albuquerque, N.M.

"We lived in Germany where my father worked with NATO. I was only 14 and missed my friends in Albuquerque. I remember how excited and happy I was to be able to fly home to see all of them. At 14, friends mean a lot... especially at Christmas."

"Even though I missed my friends in Albuquerque, I liked Germany bet-

ter than New Mexico during the Christmas season. The snow falling on the old cathedrals made it seem more like the Christmas season," Porter said.

"Most of the Mormon youth group I was associated with didn't know very much German, but we visited an old people's home anyway, and sang carols in their native language. Although we had strong accents, they could still feel our spirit, and we could tell they liked our singing."

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## Y students share holiday memories of favorite Christmas celebrations

Christmas always comes on the same date, but never with the same experiences. Most people remember a certain Christmas. The children in the Hollywood 2nd Ward were excited almost to the point of rowdiness.

It was Christmas Eve and they had been chasing Santa around the cultural hall.

Suddenly, strains of "Silent Night" came from nowhere to hush the audience. Words were not audible, and the person whistling the tune was not visible.

As a child growing up in Iowa and Minnesota, Warren Van-Pek, a graduate student working on his master's degree in anthropology, had experienced similar occasions at Christmas. But this time, it was different. He was 67 years old and the Santa who was being chased. And he was the whistler of "Silent Night" on this, his most memorable Christmas.

Twenty Asian refugees made their way to the Seattle/Tacoma International Airport. The brother they were expecting to greet had been left behind in Vietnam when the others had escaped to America. They were sure they would never see him again.

But the family of Caryn Carson, a junior from Auburn, Wash., majoring in university studies, had other plans. They regularly sponsored Asian refugees, and one who had been left behind was arriving in time for Christmas.

The entourage reassembled in the humble apartment which the U.S. Government had provided for them. Traditional Vietnamese food, followed with a 7-up toast, was served.

As she observed the refugees, so happy with so little, Carson contemplated others, rich in material wealth, yet unhappy in spirit. She wasn't concerned any more with what she wanted for Christmas.

## Common holiday season traditions find roots in the trivial and the great

Below are the origins of several Christmas customs. The customs range from sending the annual Christmas cards to the outdoor decorations which exist throughout so many cities and small towns in the world. However, not all Christmas traditions are included in the description below.

The custom of sending Christmas cards seems to have originated in England in the middle of the last century. Queen Anne commissioned famed artists to decorate their letters of holiday greetings. One of the first Christmas greetings, as they are known today, was prepared for Queen Victoria by Dobson, one of the Queen's favorite printers.

The first Christmas gifts were those brought by the Three Wise Men to the new-born Christ child at Bethlehem. The symbolic exchange of gifts at Christmas time, the world over,

reflects the spirit of the gift-bearing Wise Men.

Most popular of Christmas decorations is the evergreen wreath placed on doors as a greeting to visitors. The wreath is symbolic of the crown of thorns pressed on the brow of Christ at the Crucifixion.

Outdoor decoration is strictly an American custom. Communities world-wide, however, are transformed into a spectacular Christmas fairland of lighting effects, portraying the spirit of Christmas.

Wayfarers, traveling in colonial days in North America, were guided by bayberry candles burning in the windows. However, the custom of burning candles in windows during the Christmas season has been popular for centuries. Electric lights, decorating windows of today, give the same effect to passersby.

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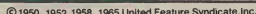
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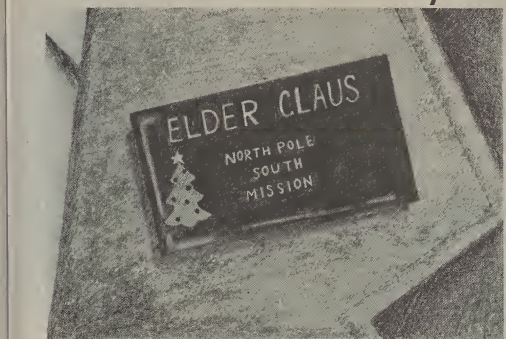
Special Christmas gifts being offered among "the world's highest concentration and diversity of luxury shops" include a \$60,000 crystal chandelier from the 1925 Paris International Exhibition, a \$133,000 diamond necklace and a \$9,000 emerald and platinum bracelet, said Mona Moufarrag, an assistant account executive with Rodeo Drive's publicity agency.

Featured on the Drive will be the Beverly High School's Madrigal Singers who will stroll the streets performing holiday music and carolling Thursday through Dec. 24.

[illegible]



# 2,000 people to spend Christmas 'MTC style'



by STEPHEN LARSEN  
Universe Staff Writer

This Christmas, nearly 2,000 missionaries for the church of Jesus Christ of Latter-day Saints won't be spending Christmas in far off exotic places. They won't be spending Christmas in the homes of investigators, and they won't be spending it with their loved ones. No, they will be in heart of Provo celebrating Christmas MTC style.

"Being in the MTC (Missionary Training Center) during the holidays gives us a great opportunity, and here helps us to understand the whole purpose of Christmas," said Elder Jim Weiss, a missionary bound for Chile. "The Christmas spent in the MTC preparing for the service of the Lord, will be one to remember."

Besides the missionaries who are spending their Christmas in this new environment, many families and girlfriends will have more than a stocking missing on the hearth this Christmas. "I tried to talk late into waiting until after the holidays before he came, but he was anxious," said Jewel Murdock. Her son Nate is preparing for a mission in Louisiana, she said. "Holidays are special around here. The family just won't seem whole without Nate here."

Another group of lonely hearts belong to the friends of the missionaries. Speaking of a good friend who has recently entered the MTC, Bonnie Johnson, a freshman from Salt Lake City, said, "All I look at having a missionary in the MTC in a different way. Me, I'm happy to know that he is here he is supposed to be."

While some girls are satisfied to write letters and send packages, "we get quite a few girlfriends in here at lunch and dinner time that stand in the foyer and look down the hall and hope that their 'missionary' will go by," said Steve Bishop, a teacher at the MTC.

While Christmas in the MTC could be viewed as a time to pine away and sit thinking about the places you could be, the administration of the center tries to make the experience a learning one for the missionaries.

Officials at the MTC encourage the missionaries to keep up the stringent study schedule throughout the holiday season, with the exception of Christmas Eve and Christmas day, which will be devoted to a variety of programs.

An MTC memorandum about Christmas says the holiday promises to be special for all associated with the MTC. "Hopefully, it will be a time of personal renewal, counting of blessings, recommit-

ment and a change of pace for all." In order to accomplish these things, the administration provides a variety of suggestions and possibilities.

Reading scriptures, writing home, and having a special dinner will be a few of the choices given to the missionaries. Bishop said there will also be a couple of movies that the missionaries may choose to view, also possibly a football game on video tape. "There will be no classes on Christmas day," he said.

A tradition of the training center is to have the family of the current mission president prepare a program for Christmas eve. "This year I don't know whether we will perform for the missionaries on Christmas eve. Usually we have a devotional on Tuesday night and that is Christmas eve. We'll probably have a member of the Council of Twelve come down and talk to the missionaries that night," said Bishop.

The MTC encourages family and friends to bring gifts and goodies for the missionaries. "People can bring just about any kind of gift they want to the missionaries, and we'll see that they get it," said Bishop. He added that the visitors should plan on leaving the packages at the front desk and not plan on delivering them personally.

"Some people don't realize they can't deliver the packages themselves, and get really disappointed when they have to leave without seeing their missionaries," he said.

There is a program to distribute goodies brought in that aren't meant for anybody specific but just for someone who doesn't get many packages. "The branch presidents help us to provide for some of the missionaries that don't ever get any packages from home. They know who doesn't ever get anything. It is really great for these missionaries, and we really encourage people to help out by bringing stuff in."

The standard policy of no phone calls to home or friends, will stay in effect over the holidays. "I'm sure there will be some that still do it, but the policy of the MTC will be to write home and not to call this year."

All of the special training required for missionaries and their loved ones seems to have some effect on their Christmas shopping lists. The normal list of clothes, skis, and various play things has been replaced by a list with a little deeper meaning.

Elder Weiss said, "I worry if I told my family just how much I love them. If I could have what I wanted this year it would be to wrap up my heart and send it home so that all my family could know how much I love them."

## Holidays spent away, at home spark memories

Denmark was buried in snow. Clark Allan, a senior in business finance from Mapleton, had said goodbye to friends and family only three months before. It was his first Christmas away from home, and nostalgia was running high.

At 5 a.m. the telephone rang and Allan excitedly received Christmas wishes from family members. Allan's most memorable Christmas celebration concluded with not one, but three, traditional roast pork dinners, one right after the other. "Imagine," he said, "all we could eat three times in a row."

Season's closeness

Snow had been falling in Tremonton for three days. It was Christmas, and "we couldn't get out, and nobody else could get in," said Tammy Stokes, a freshman from Tremonton majoring in broadcasting.

"My whole family was there — Mom and Dad and eight of us children. We all played together, and experienced a closeness, a togetherness that we had never before had on any Christmas."

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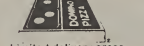
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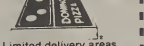
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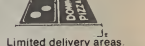
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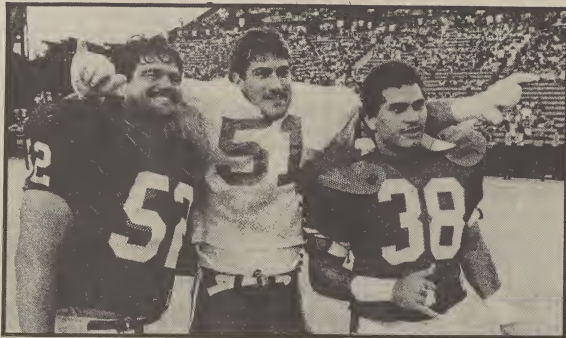
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## SPORTS

# Island victory



For many of BYU's players, last week's trip to Hawaii was a homecoming of sorts. BYU linebacker Ladd Akeo, shown here, reunites with two old friends.

Photos by  
Dave Siddoway



Snowin' in Provo, huh?



Senior Vai Sikahema played a brilliant game against Hawaii. His 328 yards all-purpose running and two touchdowns earned him ESPN's Offensive Player-of-the-Game honors.



Saturday's BYU-Hawaii game was filled with a lot of hard-hitting action. Here, BYU's Jason Buck literally knocks Hawaii's Gregg Tipton out of the game.

By FRANK MONTOYA Jr.  
Asst. Sports Editor

For BYU, 1985's 13-game, 15-week regular season schedule came to end Saturday afternoon in sun-drenched Honolulu with a 26-6 Cougar win over Hawaii's Rainbow Warriors.

The win enabled BYU to claim its 10th consecutive WAC championship. However, for the first time since 1977, when they tied with Arizona State, BYU will have to share the title with 1985 co-champion Air Force. Both teams finished conference play with 7-1 records.

Against Hawaii, the Cougars looked every bit like a team that was completing college football's longest season.

Aided by the hard-hitting Rainbow Warriors and 80-degree temperatures, the strain and fatigue of more than three months of competition manifested itself in the form of three turnovers — two fumbles and an interception — 10 penalties worth 80 yards and injuries to several players. Junior defensive tackle Jason Buck had to be helped from the field twice

during the game. Linebacker Kurt Gouveia and safety Marc Sherman also were shaken up and had to leave the field for short periods of time.

Still, the negative aspects of the Cougars' performance Saturday were far outweighed by the positive. Particularly impressive were seniors Vai Sikahema and Robbie Bosco.

Sikahema alone nearly outgained the 'Bows total offensive output.

All told, he earned 86 yards rushing on 11 carries, caught 12 passes for 168 yards and netted 34 yards in punt returns for 328 yards in all-purpose running and two touchdowns.

Hawaii, by contrast, totaled only 370 yards offensively. "That's the best game he's played," said BYU Head Coach LaVell Edwards. "He would have played that way all year if he wouldn't have been hurt."

Trailing 3-0 with 4:42 left in the first quarter, Sikahema's first score came on an 80-yard reception that knocked the Cougars out of a state of lethargy and into the game.

Taking Bosco's pass around the See Y page 7



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Universe photo by Dave Siddoway  
BYU clinched its 10th consecutive WAC title Saturday with a win over Hawaii, 26-6. The Cougars now go on to the Florida Citrus Bowl and a Dec. 28th date with Ohio State.

## Y clinches 10th title with win over Hawaii

Continued from page 6

BYU 25-yard line, he headed for the right sideline, then turned upfield to race unmoled into the endzone.

His second TD was just as electrifying. With eight minutes left in the third quarter, he took a handoff from Bosco and romped 36 yards on an end around over the left side of the line for the score.

For his part, Bosco, who earlier in the day finished third in balloting for the Heisman Trophy, shook off a sloppy first half to finish the game with 310 yards passing, three TDs and one interception on 25 completions in 37 attempts.

This year marks the second year in a row Bosco has finished as the No. 3 man in the balloting for what many consider college football's highest individual honor.

Last year, Bosco finished behind Doug Flutie of Boston College and Keith Byars of Ohio State. This year,

Auburn's Bo Jackson won the award and Iowa's Chuck Long finished ahead of Bosco in the closest race ever for the coveted award.

"I'm happy for Bo, he deserves it," said Bosco after he found out Jackson received the trophy. "I'm just happy to be considered in the same category as those other guys."

It has been a long year for the Cougars' signal caller. Pressure from fans and media to replicate last year's national championship accomplishments has been tremendous.

Against the Air Force Academy, for instance, he was booed in the game's early moments by the same fans who cheered his every move a year ago.

Yet, since taking over the starting job in September of 1984, Bosco has led the Cougars to a 24-2 record and a national championship. On Dec. 28th, he will lead BYU against Ohio State in the NBC-televised Florida Citrus Bowl.

## BYU 26 Hawaii 6

BYU	6	7	7	6	26
Hawaii	3	3	0	0	6

Return Yards	25	56
Passes	25-37-1	18-35-0
Punts	5-42	7-38
Fumbles-lost	3-2	5-4
Penalties-yards	10-80	12-113
Time of possession	29:29	30:31

### INDIVIDUAL LEADERS

**RUSHING** — BYU, Sikahema 11-86, Heimuli 14-39, Hawaii, Faola 19-112.

**PASSING** — BYU, Bosco 25-37-1-310, Hawaii, Tipton 11-22-0-89, Jones 7-13-0-69.

**RECEIVING** — BYU, Sikahema 12-198, Lindley 3-37, Bellini 3-35, Hawaii, Murray 5-52, Hall 3-23, Walsh 2-34.

	BYU	UH
First downs	24	17
Rushes-yards	33-120	39-156
Passing yards	310	158

## Bosco places 3rd in Heisman ballot

NEW YORK (AP) — Bo Jackson, the senior tailback from Auburn, was awarded the 1985 Heisman Trophy on Saturday as the nation's outstanding college football player in the closest Heisman vote in history. BYU's Rob-bio Bosco finished third in the balloting for the second consecutive season.

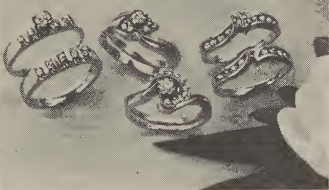
Jackson, who rushed for 1,786 yards this season and who has been projected by National Football League scouts as the top pick in next spring's draft, won by 45 points. Quarterback Chuck Long of Iowa was the runnerup in the nationwide balloting.

The award, presented by the Downtown Athletic Club, last year went to Boston College quarterback Doug Flutie. Prior to that, a running back had taken the trophy every year since 1971, when it went to Auburn quarterback Pat Sullivan.

Jackson had 317 first-place votes and finished with 1,509 points. Long was second with 1,464 points and had 286 first-place votes.

Bosco was followed in the voting by sophomore tailback Lorenzo White of Michigan State and junior quarterback Vinny Testaverde of Miami.

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## Cougars advance in NCAA tourney by routing Friars

By SUSAN FUGE  
Universe Sports Writer

BYU's lady spikers qualified for the NCAA Regionals by defeating the Lady Friars of Providence College Friday evening. The First-Round NCAA match went only three games with the Cougars dominating the Friars 15-3, 15-4, 15-3.

"The team was ready to play. They've been ready in practice all week. We didn't have to get them prepared," said BYU coach Elaine Michaelis.

The Providence coach attributed their difficulty to the fact that they have not had much experience against western teams.

"We have to play better competition to improve. There are only really four good teams in the east — Rhode Island, Penn State, Pittsburg and us. As it is, we are on the road extensively, but we're a long way off from the west coast," said Providence coach Dick Bagge.

Michaelis said she deliberately exposes her team to Top Twenty teams so they are prepared at this point in the season. Seven of BYU's nine losses this season were to Top Twenty teams. In turn, the Cougars have toppled Top Five national Cal-Poly San Luis Obispo and Southern Cal, and have split with Top Twenty-ranked Arizona State, Arizona and Colorado State.

Bagge also commented on the height of BYU's team. Providence has one 6-foot freshman on the team, but most of the players are 5 foot 10 and under. BYU has three players that stand 6 foot and above.

BYU's height advantage showed at the net. The Cougars hit 27 percent and held the Friars down to minus five-percent hitting. Sari Virtanen had nine kills and was 40 percent in her hitting. Dylann Duncan contributed eight kills and was 30 percent, and Jill Sanders added six kills and a 62 percent hitting average.

Virtanen, Duncan and Sanders had no difficulty hitting over the Providence block, and the Friars had only two successful blocks in the match compared to 17 for the Cougars.

Defensively, Tami Hamilton picked up 11 digs. Corinne Russell contributed eight and Virtanen six.

## Cincinnati and Esiason embarrass Dallas 50-24

By THE ASSOCIATED PRESS

The Cincinnati Bengals looked like the National Football League-leading Chicago Bears, at least as far as the Dallas Cowboys were concerned.

"It was very similar to the way the Bears came in fired up when we played them," quarterback Danary White said after the Bengals clobbered the Cowboys 50-24 Sunday. "That was the difference in the game."

"It was a psychological thing. They came out to play playoff-caliber football and we didn't." The Bengals were led by quarterback Boomer Esiason, who threw three touchdown passes and directed a 22-point first-quarter blitz — the most points ever given up by a Dallas defense in an opening period.

In other early games Sunday, it was Kansas City 34, Atlanta 10; Washington 17, Philadelphia 12; New England 23, Detroit 6; Chicago 17, Indianapolis 10; Miami 34, Green Bay 24; St. Louis 28, New Orleans 16, and the New York Jets 27, Buffalo 7. In afternoon games the Los Angeles Raiders tamed the Denver Broncos 17-14 in overtime, the New York Giants defeated Houston 35-14, Seattle crushed Cleveland 31-13 and Minnesota stopped Tampa Bay 26-7.

"They had an off day," Esiason said of the Cowboys.

## Y golfers place fourth without two top starters

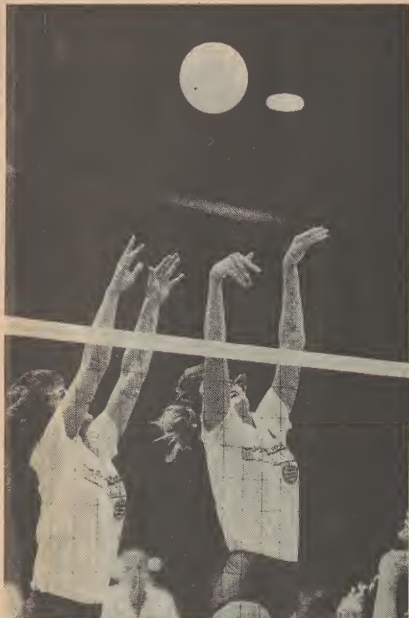
An impaired BYU's men's golf team tied for fourth place at the Rebel Classic in Las Vegas.

The Cougars were without starters Brent Franklin and Eduardo Herrera, but BYU Head Coach Karl Tucker believed his team should have placed higher.

"We just did not play well this week," Tucker said. "It's the third tournament in a row

that we've played mediocre golf."

BYU was lead by Bruce Brockbank and Steve Schneider, who both shot 227. Jonathan Baker shot 229, Jamie Harper a 230 and Bill Nicholl 244.



Two members of the BYU women's volleyball team watch a blocked ball soar skyward in Friday's opening-round action of the NCAA Championship Tournament against Providence. The Cougars burned the Lady Friars 15-3, 15-4 and 15-5.

## Humphreys sparks Y's first hoop win

By JEFFERY E. PIZZINO  
Universe Sports Writer

After an embarrassing loss to Texas Christian University Friday, BYU bounced back in the consolation round of Arizona State University's Kactus Classic Tournament Saturday to beat Fordham 75-72 — its first win of the season.

"I feel like we're on a roll," said Head Coach Ladell Andersen of his 1-3 Cougars.

After falling behind 48-40 with about 14 minutes remaining, BYU staged a comeback behind the shooting of Bob Capener and Jeff Chatman and then sealed the game on JC transfer Greg Humphreys' eight straight free throws.

With 2:50 left, Fordham started fouling, with Humphreys being their favorite target.

Humphreys, who had missed three prior opportunities at the foul line, sunk both attempts to make the score 69-63. Fordham quickly retaliated to close the gap to four.

But then, like an instant replay, Humphreys was fouled again on the Cougars' next possession, and again he connected on both free throws. The lead was back to six.

After a free throw and two consecutive baskets by Fordham's Joe Paterno and Lonnie Jones, the score was narrowed to 71-70 with 49 seconds left.

Averian Parrish was fouled with 28 ticks on the clock remaining, but missed the front end of a one-and-one. Humphreys stepped in to snag the rebound, was subsequently fouled and put two more free throws through the hoop.

## Welterweights have champion; Curry breezes

LAS VEGAS, Nev. (AP) — Donald Curry, who wants to be remembered in the history books as one of the world's greatest fighters, wrote a very convincing chapter with his destruction of Milton McCrory.

Curry, the World Boxing Association and International Boxing Federation champ, knocked McCrory down once in the second round Friday night before finishing him with a short right hand that put McCrory motionless on the canvas and made quick work of the battle of two undefeated welterweight champions.

The devastating victory in what was almost certainly Curry's last fight as a welterweight fueled talk of a bout with middleweight champion marvelous Marvin Hagler and of Curry's place among great fighters.

"Donald Curry is on the precipice of greatness," said referee Mills Lane.

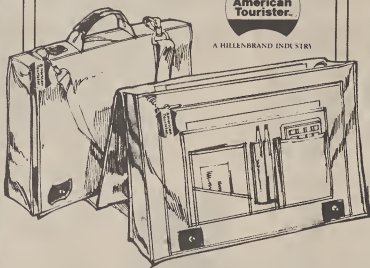
"When history tells the story on him, he may go down as one of the greatest."

Curry also had history on his mind after the knockout that gave him seven successful title fights and boosted his record to a perfect 24-0.

"I'm looking more to history, I want to win three titles," said Curry. "I want to be mentioned in the same breath as my man, Sugar Ray Leonard."

Leonard may eventually take a back seat to Curry if the Ft. Worth, Texas, fighter continues the series of crushing performances that culminated with Friday night's razor-sharp showing.

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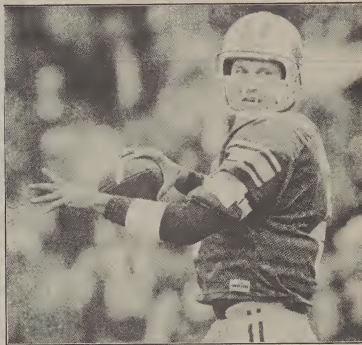
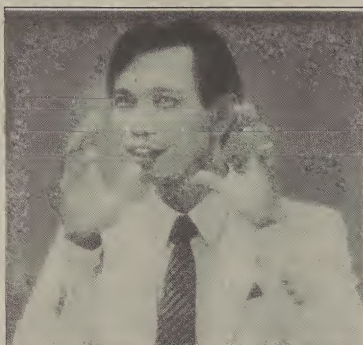
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# Christmas not always happy time

By BRIAN HECKERT  
Universe Staff Writer

The Christmas season—a time of depression and a time of loneliness.

For most, that type of Christmas doesn't apply. However, for a surprisingly significant number of people, the beginning of December brings what is sometimes referred to as "Christmas depression."

"Anyone whose expectations of the Christmas spirit are not met is subject to holiday depression," said Dr. Richard K. Hanks, a marriage and family therapist and director of the Rocky Mountain Family Institute.

"Christmas is a time of fun, a time of closeness," he said. However, it can be a time of depression for a variety of reasons.

For some students who are attending a university away from home, Christmas can sometimes be a time when the family is not able to get together," Hanks said.

Christmas depression could be the result of a divorce or separation from a spouse, Hanks said. "For example, a divorced husband is especially thinking about family togetherness and the Christmas spirit during the holidays," he said.

Even a family where everyone is together is sometimes subject to the degree of Christmas depression. Parents who don't have sufficient financial resources to buy their children the type of presents they think their children are expecting, which they believe many of their children's friends will receive, is a major cause of depression among adults, Hanks said.

"The parents make gift comparisons among other families. If they feel they cannot measure up to their children's gift expectations, depression could result," he said.

Although depression occurs during the actual Christmas season, post-holiday depression can also occur, according to Dr. Herman Peine, a psychologist.



Universe art design by Rohn Solomon

ist involved with consultation and education at the Timpanogos Community Mental Health Center.

"We have found in most cases that I'm not going home for Christmas or I'm not getting any gifts for Christmas is not the danger time," Peine said. "It's the post-holiday period."

Depression often sets in after the holidays, in January, he said. Anticipating the holiday season and the holidays themselves is a "normal high," he said. "People are full of energy."

However, the end of the holidays sometimes marks the decline of that energy. A "low point" may result.

Although Peine said it's normal to experience the high and low, there may be other significant factors that contribute to that low point. For example, the weather or the realization that one has "glutted out" can sometimes increase the probability of post-Christmas depression.

Hanks said suicide could result from a combination of university life and Christmas depression. "College and pressure are synonymous," he said.

"A minimum of pressure can bring much depression."

Add that depression to a holiday letdown from any of the already mentioned reasons, and suicide becomes a very real possibility.

Hanks said there are two determining factors to avoiding or remedying Christmas depression. "One, if it's at all possible to change the circumstances, then you change them. For example, if you hadn't planned on going home, then go home."

"Two, change your way of thinking. Look at the situation in a positive light, make the best out of your situation."

For additional information on depression, one of the following numbers may be called.

Rocky Mountain Family Institute — 224-5160.  
Timpanogos Community Mental Health Center — 373-7893 (day or night).  
Utah Center for Family Relations — 375-3707.  
Utah Valley Regional Medical Center — 375-7796.

## Calling bluff of 12 days of Christmas

NEW YORK (AP) — Singing "The Twelve Days of Christmas" could be expensive if your true love calls your bluff and asks for the gifts. If you want to give the traditional presents of the 12 days of Christmas, you'll have to put your money where your mouth is, to the tune of \$12,280.

That's the price tag for the gifts in the famous holiday song, beginning with a partridge in a pear tree and ending with 12 drummers drumming if you do it with class, according to the magazine Manhattan, Inc.

Costs for the items ranged from a reasonable \$35 for the partridge to \$3,075 to hire eight milkmaids with cows.

On the first day of Christmas the partridge and pear tree would cost

\$35 and \$195, respectively, the magazine said.

- The "bill" added up this way:
- Two turtle doves, \$60.
  - Three French hens, \$45.
  - Four calling birds, \$900.
  - Five gold rings (Tiffany's, of course), \$1,000.
  - Six geese a-laying, \$120.
  - Seven swans a-swimming, \$1,750.
  - Eight maids a-milking, including cows, (\$3,675).
  - Nine ladies dancing, (belly dancing), \$800.
  - 10 lords a-leaping, or acrobats in costume, \$2,500.
  - 11 pipers piping and
  - 12 drummers drumming, equal to a file-and-drum corps, \$1,400.

## Thought . . .

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## Stores plan ahead for holiday decorations

By MARISA ROGERS,  
Universe Staff Writer

In the summer, while most of us are shipping lemonade, watching parades or basking in the warm rays of the summer sun, some people already begin fussing about Christmas decorations, catalogues, and merchandise.

Retailers start thinking about Christmas months before the Christmas season is here. Gail Casey, a public relations assistant with Lord & Taylor, a major retailer located in the eastern U.S., said in a telephone interview that she starts planning for the holiday season up to nine months before Christmas.

Lord & Taylor, Saks Fifth Avenue, and several other major retailers are well-known for their elaborate holiday window decorations. Casey said, "Our windows show historical mansions of New York. The figurines in the windows are moving. The window displays are theme, 'The American Store.'"

Nancy Mortenson, the director of marketing services for ZCMI, said they often begin preparing decorations for their store in May and June.

**Elaborate holiday window decorations and floor displays require much planning.**

"Sometimes we may purchase them in November to use at Christmas of the next year," she said.

ZCMI also selects a central theme to be used in all of their stores. The theme this year is "Spirit of Christmas at ZCMI." Mortenson said that each store has different decorations

but the same theme is used throughout all the stores. "We also use the same theme in the advertising and our Christmas catalogue," she said.

Dave Nielson, the display supervisor at J.C. Penney in the University Mall store, said they receive direction concerning Christmas decorating from the main office in New York.

"We look at our local conditions and try to adapt the recommendations to our specific area."

Penney's theme, "The Christmas Place," has been used nationwide for several years.

The ZCMI Center, a shopping mall in Salt Lake City, is following a "Musical Christmas" theme. The décor is a tribute to musical Christmas traditions in the community.

Many stores sponsor a variety of holiday events in their store to help celebrate the season. Casey said, "We will have some Christmas choirs singing throughout the store. We will also have a place where you can get Christmas ornaments personalized

and a person hand-knitting sweaters right in the store."

When buying fashions for the Christmas season Casey said they buy about the same as any other month, but there is a different flavor. "We have projection meetings to discuss what fashions are being followed."

"The clothes are more formal, more holiday-oriented. We buy a lot more evening wear for the season. This year, wool crepe is very hot."

Barry Arnold, the general merchandise manager for ZCMI, said they buy some of their imported items up to a year in advance. "But most of the merchandise is bought in the spring months."

Arnold said they receive information about what is popular from vendors and other people in the industry. "Our buyers get together with the vendors and buyers from other stores and compare notes. Often, it is a feeling a buyer has. He follows his intuition."

## GLANCE

Submissions for At-A-Glance must be received by noon the day before publication. All items must be double-spaced and typed on an 8 1/2-by-11 inch sheet of paper. Items will not be published for more than three consecutive days and submissions of a commercial nature, or which advertise activities resulting in remuneration to anyone, will not be accepted for publication.

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**Writing Contest** — Theme "How Can We Achieve Peace?" The winning paper will be read at Peace Symposium in March. See the ASBYU receptionist for rules and information on the 4th floor ELWC.

**Photographers** — The Daily Universe seeks photographers for the Winter semester 1986. Sign up for Communications 365R index #14030, section 001 and 002 for lab (3 credit hours total) Class meets Tuesday and Thursday from 9:50 a.m. in F-245 Harris Fine Arts Center. Prerequisites: complete college level Black and White darkroom class, own a 35mm camera, pass a basic photography quiz and demonstrate darkroom proficiency.

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# Outdoor ice rink brings nostalgia

By LANEADA LUCERO  
Universe Staff Writer

With music in the air, a bonfire crackling close by and an arena full of skaters of varying shapes, sizes and skill levels, the Triad Center Ice Skating Rink looked like a scene taken from a Christmas card.

The rink (which doubles as an outdoor amphitheater in the summer) is located behind the historic Devereaux House in Salt Lake City and gives spectators and participants a central location to Triad Center's winter wonderland of sights and activities.

The rink opened Nov. 29 with a free lights show and since then has been in full swing for the Christmas holiday, said Triad representatives.

According to the *Gathering Place* newsletter, the Triad Center is going all out this year to create the special holiday spirit. The center's festive decorations, hundreds of thousands of colorful Christmas lights, holiday theater presentations and the outdoor ice skating rink, complete with a bonfire, make the Triad Center a fun place to be this Yule season, according to Triad Center skaters.

"It was like right out of a television special," said Kurt Tyler, a senior in human resource development from Redding, Calif. Tyler, who went for the first time this year to the skating rink, described the atmosphere as very festive and nostalgic. "It really brought out the Christmas mood and spirit for everyone who was there," he said.

Tyler also said it was nice to see all the parents watching their children and even entire families skating together. "It was a storybook setting," he said.

In an effort to cater to families with small children, the Triad Center will let children under 12 skate free while their parents shop. Skating is avail-

able from 10 a.m. to 2 p.m. every Saturday until Christmas. Passes for this free skating can be obtained at any of the Triad Center shops.

Also, for the children's enjoyment, Santa himself will take to the ice on certain days throughout the Christmas season. Santa can be seen skating from noon until 3 p.m. on the following days: Friday, Saturday, Dec. 20, 21 and 23.

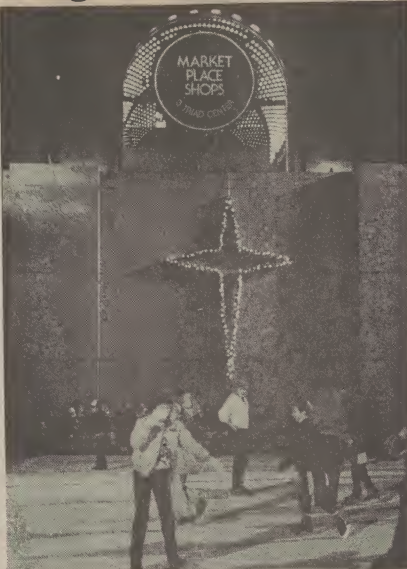
Besides a fun activity for families, church school and social groups can enjoy ice skating. "It's a tradition for us to get together with our friends and spend an evening at the skating rink," said Brenda Palmer, a senior in university studies from Provo.

"It really brought out the Christmas mood and spirit for everyone who was there" — Kurt Tyler — BYU student

Palmer said the Triad Center has many things to do that she and her husband take an entire evening and go to dinner, shopping and skating. "An outdoor skating rink is a new experience for most people in this area and the lights and excitement make it a fun atmosphere," she said.

Ice rink hours are noon to 10 p.m. Monday through Friday; Saturday 10 a.m. to 10 p.m.; and noon until 6 p.m. on Sundays. Discount rates are available for children 12 years and under. Visitors can rent skates and skate sharpening is available. One can also arrange for individual or group lessons.

The Triad Center ice rink is also planning a New Year's Eve party. Party hats and noise makers will be handed out to guests at one minute before midnight while a globe is lowered and the countdown begins to usher out 1985 and welcome in 1986. Ice rink hours will be extended until 1:00 a.m. so guests can skate into the new year "under the stars."



Universe photo by Gig Griffith  
Night skating may be a bit nippy, but fun, say visitors of Salt Lake's Triad Center. Offering outdoor skating and Christmas decorations, the Triad Center offers Christmas entertainment for students and families.

## Yule logs, tree decorations explained

The history behind the Yule log and Christmas tree decorations is often forgotten by modern-day Christmas celebrants.

The ancient custom of the Yule log stems from the Teutons and Celts when they celebrated the Yule period, about the same time as Christmas is observed today. It was their custom to ceremoniously burn a large log of hard wood decorated with flowers and ribbons. From this early origin comes the custom of the Yule

log as it is known today.

Hundreds of years ago, a clergyman, while returning home one beautifully clear, cold Christmas Eve, lifted his eyes to the sky in contemplation. Thousands of stars seemed to be clinging to the branches of the lofty pines by the wayside. His first thought was to share this inspiring spectacle with his family. That night a glittering tree blazing with star-bright candles was his gift to his loved ones, and his gift to all the world.

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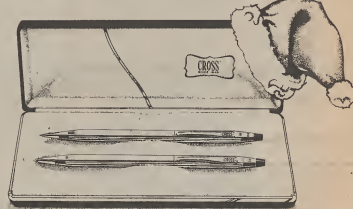
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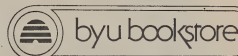
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## Santa Claus has lots of 'nick' names

By ONEITA SUMSION  
Universe Staff Writer

Call him Kris Kringle, Saint Nicholas, Father Christmas, call him Santa Claus or Santa. Call him the bearer of gifts. Call him a patron saint — a kindly old man. Call him the Spirit of Christmas.

Down through the ages, Santa, or Saint Nick, has taken as many different forms as he has names. For hundreds of years Europeans imagined Saint Nicholas as a tall, thin, stately person. Kris Kringle, supposedly an angel-like figure who brings gifts to children at Christmastime, was said to be dressed in a long tail coat and a square beaver hat.

Author Washington Irving created a new picture of him as a fellow who looked much like a typical Dutch settler in New York. In his "Knickerbocker's History of New York" (1809), Irving described the saint as the guardian of New York City. He was

pictured as a jolly fellow wearing a broad-brimmed hat and huge breeches and smoking a long pipe. This Saint Nicholas rode over the rooftops in a wagon, took presents from his pockets, and dropped them down chimneys below.

Saint Nicholas supposedly came to distribute toys and sweets to the children of the villages in the "new world." With him came his helper, Black Peter. The children shortened the name Nicholas to N'Klaus or Claus. The Spanish influence in the Netherlands changed "Saint" to "Santa" — hence — "Santa Claus."

Clement C. Moore, in his 1822 "A Visit from St. Nicholas" describes him more as he is known in America today: a round and jolly figure with twinkling eyes, a "nose like a cherry," and a white beard, riding in a sleigh pulled by eight reindeer. In an 1837 painting by Robert Weir, Santa is depicted as a friendly, tubby fellow, wearing a hood

and knee boots, and carrying a bag of toys.

Another story is that Santa Claus evolved from a real person, Saint Nicholas, who lived in the A.D. 300s. Said to be only a boy, he was extremely kind, going out at night taking presents to the needy.

In Belgium and The Netherlands a person representing the saint wears the robes of a bishop and rides through the street on a white donkey. In Germany, Nicholas sometimes appears as a hairy imp.

While some don't believe in the custom of Santa at all, others hold that the jolly old elf is famous for his generosity and that any surprise gift comes from him.

Some believe that Santa truly is the Spirit of Christmas and that gift giving by Mom and Dad are the natural evolution of gift giving by Santa, the kindly symbol of Christmas.

## Remembering history of today . . .

By THE ASSOCIATED PRESS

Today is Monday, Dec. 9, the 343rd day of 1985. There are 22 days left in this year.

Today's highlights in history:

On Dec. 9, 1940, British troops opened their first major offensive in North Africa during World War II.

On this date: In 1608, English poet John Milton was born.

In 1854, Alfred Lord Tennyson's famous poem, "The Charge of the Light Brigade," was published in England.

In 1884, Levant M. Richardson of Chicago received a patent for the ball-bearing roller skate.

In 1907, Christmas seals went on sale for the first time, in the Wilmington, Del., post office. The proceeds went to fight tuberculosis.

In 1941, China declared war on Japan, Germany

and Italy.

In 1958, Robert H.W. Welch Jr. and 11 other men met in Indianapolis, and formed the anti-Communist John Birch Society.

In 1965, Nikolai V. Podgorny replaced Anastas I. Mikoyan as president of the Presidium of the Soviet Union.

In 1979, Archbishop Fulton J. Sheen, radio and television evangelist, died in New York at 84.

Ten years ago: former president Gerald R. Ford signed into law a \$2.3 billion seasonal loan authorization that officials of New York City and New York State said would prevent a city default.

Five years ago: Admirers of former Beatle John Lennon mourned his slaying in New York the night before. Fans crowded record stores for copies of his albums and tuned in to the radio stations that played his songs non-stop.

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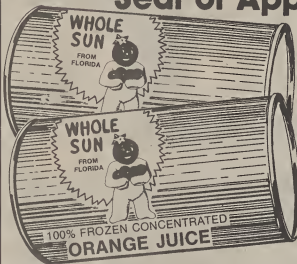
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**Contemporary artists make decorative toys**

THE ASSOCIATED PRESS

While the toys used as decorative accessories are more commonly old, some are made by contemporary artists. According to Suzanne Vandervoude, of Vandervoude of Tanabana Gallery in New York, toys beimg made by artists are snapped up for decorating purposes. One reason is that while toys are just as imaginative as other products of artists' imaginations, they are often less expensive than more traditional pieces.

Last year the gallery hosted its second annual toy invitational exhibition after a first try in 1983 produced good sales, publicity and attendance. Prices ranged from \$25 to \$2,500.

"There is a tradition of artists making toys, either for their own child or for fun," said Vandervoude. Perhaps the best-known recent artist-made toys are Alexander Calder's circus mobiles. But gallery personnel found that many artists have made toys used primarily for display over the years.

Here is some advice to individuals who want to employ toys as decorative accessories. "Keep the backgrounds simple but create an environment in which the toys can be displayed."

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# Holiday spirit in Harmon building

By LANEEDA LUCERO  
Universe Staff Writer

The Christmas exhibit in the Harmon Continuing Education Building elucidates the holiday spirit as it combines the beauty and elegance of a Christmas tree and surrounding gifts with the quiet reverence of a unique hand-carved nativity scene.

Elaine Smythe, who heads these decorations, said four years ago when the Division of Continuing Education moved into the new Harmon building they needed a Christmas tree and decorations that were elegant enough to match the building.

The HCEB was donated to the university by Pete Harmon in memory of his "Aunt Carrie". Caroline Hemenway Harmon, a woman who served others all her life.

Smythe said as plans were made for the building's Christmas display, the committee in charge had expressed a desire to have it portray a "living room" feeling because the Harmon family and Aunt Carrie were so family-oriented.

Kenneth D. Lindquist, Director of Communications for the Division of Continuing Education was on the first Christmas decorations committee and said because of the Harmon family and their great heritage, the Division wanted a Christmas display centered around the theme of a good, old-fashioned Christmas.

A new addition last year to the display was a beautiful nativity scene handmade of olive wood by a Christian Arab in Bethlehem.

Shirley W. Rockwood, administrator for the Department of Travel Study, has been to Israel on numerous occasions and said the thing that makes this nativity scene so unique is the fact that it is the first and only one the carver, George Lama, has done on such a large scale. Rockwood also stressed the fact that almost all wood carving today is done on machines, rather than by hand like this particular set.

"Each piece of the nativity scene has been hand-rubbed with bees wax," said Rockwood. She said that so many of the wooden pieces in other sets are covered with lacquer and may disguise flaws in the wood.

Most spectators when they look at the display may not realize just how difficult it was to obtain. Rockwood said she ordered the nativity scene one year when she was doing a Mediterranean cruise, and picked it up a year later on a similar cruise.



The Christmas tree located in the Harmon Building is decorated every year with handmade bows, small gold giftboxes and ornaments that all reflect that old-fashioned aura



The above nativity scene is a new addition to the display in the Harmon Building this year. The figures are made of olive wood and were carved by George Lama, a Christian Arab in Bethlehem.

## Nome's Bubbie, Zadie Jew's santa, Mrs. Claus

NEW YORK (AP) — On the first night of Hanukkah, Bubbie and Zadie leave their sub-Arctic home and fly to the houses of Jewish children around the globe, bringing with them the holiday spirit. Sound familiar?

Daniel Halevi Bloom, who invented Bubbie and Zadie in 1981, insists that any similarity to Santa is purely coincidental.

He said he drew upon his own fond memories of his maternal grandparents when he created Bubbie and Zadie.

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She's also starving herself to death

Some people barely eat enough to stay alive. Others can't sit down to anything less than a feast. These are signs of eating disorders, anorexia and bulimia, and they can be disastrous if left untreated.

Warning signs of an eating disorder include:

- An obsession with food
- Fear of gaining even the slightest weight
- Binging and purging through vomiting or use of laxatives or enemas
- Depression or panic following eating
- Heavy to extreme amounts of exercise
- Excessive use of diet pills
- Weakness or periods of confusion

If you or someone you care for has an eating disorder, it's important to seek help. Help is available from the Department of Behavioral Medicine at Utah Valley Regional Medical Center. Care is provided by a staff specifically trained and experienced in helping persons with eating disorders. And because Utah Valley Regional Medical Center is a full-service hospital, both the emotional and physical aspects of anorexia and bulimia can be successfully treated. All services are completely private and confidential and there is no charge for initial evaluations and recommendations. Help is as close as the telephone. Call today.

**375-HOPE**



Utah Valley Regional Medical Center  
Department of Behavioral Medicine  
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An Intermountain Health Care Facility

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